



The
**Dementia
Society**
Ottawa and Renfrew County

SCHEDULE AND REGISTRATION: VIRTUAL SUPPORT GROUPS **JANUARY 2021**



Caregiver Support Groups

Tuesdays, 10:00AM—12:00PM

January 5st

January 12th

January 19th

January 26th

Register [here](#)

Wednesdays, 6:30PM—8:30PM

January 6nd

January 13th

January 20th

January 27rd

Register [here](#)

Thursdays, 1:00PM—3:00PM

January 7rd

January 14th

January 21th

January 28th

Register [here](#)



JANUARY 2021

Grief Peer Support Group

6:30PM—8:30PM

January 12th

Register [here](#)

Groupe Soutien pour proches aidants

13:00—15:00

12 Janvier

Inscrivez-vous [ici](#)

LTC and Retirement Home Support Group

2:00PM—3:30PM

January 13th

Register [here](#)

Younger Caregiver Support Group

6:30PM—8:30PM

January 21th

Register [here](#)

Arabic Community Support Group

5:30PM—7:30PM

January 28nd

Register [here](#)

