



The  
**Dementia  
Society**  
Ottawa and Renfrew County

## SCHEDULE AND REGISTRATION:

# VIRTUAL SUPPORT GROUPS **JULY 2021**



### Virtual Caregiver Support Groups

Tuesdays, 10:00AM—12:00PM

July 6<sup>th</sup>

July 13<sup>th</sup>

July 20<sup>th</sup>

July 27<sup>th</sup>

Register [here](#)

Wednesdays, 6:30PM—8:30PM

July 7<sup>th</sup>

July 14<sup>th</sup>

July 21<sup>th</sup>

July 21<sup>st</sup>

July 28<sup>th</sup>

Register [here](#)

Thursdays, 1:00PM—3:00PM

July 8<sup>th</sup>

July 15<sup>th</sup>

July 22<sup>nd</sup>

July 29<sup>th</sup>

Register [here](#)



## JULY 2021

### Grief Peer Virtual Support Group 6:30PM—8:30PM

July 13<sup>th</sup>

Register [here](#)

### Groupe Soutien pour proches aidants 13:00—15:00

13 juillet

Inscrivez-vous [ici](#)

### LTC and Retirement Home Virtual Support Group 2:00PM—3:30PM

July 14<sup>th</sup>

Register [here](#)

### Younger Caregiver Virtual Support Group 6:30PM—8:30PM

July 15<sup>th</sup>

Register [here](#)

### Arabic Community Virtual Support Group 5:30PM—7:30PM

July 27<sup>th</sup>

Register [here](#)

### **New!** Caregiver Virtual Coffee and Support Saturdays, 10:00AM—10:30AM

July 10<sup>th</sup>

July 17<sup>th</sup>

July 24<sup>th</sup>

July 31<sup>st</sup>

Register [here](#)



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**SCHEDULE AND REGISTRATION:  
IN-PERSON SUPPORT GROUPS  
AT A PARK**

**JULY 2021**



## Caregiver Support Groups at a Park

**Ottawa West-Fridays 10:00AM—12:00PM**

**July 9<sup>th</sup>**

**Register [here](#)**

**July 16<sup>th</sup>**

**Register [here](#)**

**Ottawa South, Friday 10:00AM—12:00PM**

**July 23<sup>rd</sup>**

**Register [here](#)**

**Ottawa East, Friday 10:00AM—12:00PM**

**July 30<sup>th</sup>**

**Register [here](#)**