



The  
**Dementia  
Society**  
Ottawa and Renfrew County

# May 2020 Support Groups - Ottawa

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>4</b> <a href="#">Caregiver Support Group</a> <b>5</b> 10:00am-12:00pm</p>			
	<p><b>11</b> Support Groups <b>12</b> 10:00am-12:00pm <a href="#">Belfast</a> <a href="#">Rural Ottawa South</a>  <a href="#">Caregiver Support Group</a> (FRENCH) 13:00-15:00</p>	<p><b>6</b> <a href="#">Caregiver Support Group</a> <b>13</b> 6:30-8:30pm</p>		
	<p><b>18</b> <a href="#">Caregiver Support Group</a> <b>19</b> 1:30-3:00pm</p>		<p><b>7</b> <a href="#">Caregiver Support Group</a> <b>21</b> 6:30-8:30pm  <a href="#">Caregiver Support Group</a> <b>22</b> 6:30-8:30pm</p>	
<p><a href="#">Caregiver Support Group</a> <b>25</b> 1:00-3:00pm</p>	<p><a href="#">Caregiver Support Group</a> <b>26</b> 10:00am-12:00pm <a href="#">Caregiver Support Group</a> (ARABIC) 5:30-7:30pm</p>	<p><a href="#">Caregiver Support Group</a> <b>27</b> 6:30-8:30pm</p>		

Please click on the Support Group for registration and details on how to join virtually.  
You can also visit us at [www.dementiahelp.ca](http://www.dementiahelp.ca) for more information, or call us at 613-523-4004.