



The
**Dementia
Society**
Ottawa and Renfrew County

July 2020 Support Groups - Ottawa

Monday	Tuesday	Wednesday	Thursday
	<p>6 Caregiver Support Group 7 10:00am-12:00pm</p>	<p>Caregiver Support Group 8 (LTC and Retirement Home) 2:00-3:30pm Caregiver Support Group 6:30-8:30pm</p>	<p>9</p>
	<p>13 Support Groups 14 10:00am-12:00pm Belfast Rural Ottawa South Caregiver Support Group (FRENCH) 13:00-15:00 Grief Peer Support Group 6:30-8:30 PM</p>	<p>15</p>	<p>Caregiver Support Group 16 6:30-8:30pm Caregiver Support Group 6:30-8:30pm</p>
<p>Caregiver Support Group 20 1:00-3:00pm</p>	<p>21</p>	<p>Caregiver Support Group 22 6:30-8:30pm</p>	<p>23</p>
	<p>27 Caregiver Support Group 28 10:00am-12:00pm Caregiver Support Group (ARABIC) 5:30-7:30pm</p>	<p>29</p>	<p>30</p>

Please click on the Support Group for registration and details on how to join virtually.
You can also visit us at www.dementiahelp.ca for more information, or call us at 613-523-4004.