

SCHEDULE AND REGISTRATION: OTTAWA SUPPORT GROUPS



Tuesday, September 1st, 2020			
Caregiver Support Group 10:00am-12:00pm	Offered Online	Register <u>here</u>	
Tuesday, September 8 th , 2020			
Caregiver Support Group 10:00am-12:00pm	Offered Online	Register <u>here</u>	
Caregiver Support Group 10:00am-12:00pm This group also meets on Tuesday, September 22 nd	Offered Online	Register <u>here</u>	
Groupe soutien pour proches aidants 13h00—15h00	Disponibles en ligne	Inscrivez-vous <u>ici</u>	
Grief Peer Support Group 6:30pm-8:30pm	Offered Online	Register <u>here</u>	



Wednesday, September 9 th , 2020		
LTC and Retirement Home Caregiver Support Group 2:00pm-3:30pm	Offered Online	Register <u>here</u>
Online Caregiver Support Group 6:30pm-8:30pm	Offered Online	Register <u>here</u>
Thursday, September 17 th , 2020		
Young Caregiver Support Group 6:30pm-8:30pm	Offered Online	Register <u>here</u>
Caregiver Support Group 6:30pm-8:30pm	Offered Online	Register <u>here</u>
Monday, September 21 st , 2020		
Caregiver Support Group 1:00pm-3:00pm	Offered Online	Register <u>here</u>
Tuesday, September 22 nd , 2020		
Arabic Community Support Group 5:30pm-7:30pm	Offered Online	Register <u>here</u>
Wednesday, September 23 rd , 2020		
Caregiver Support Group 6:30pm-8:30pm	Offered Online	Register <u>here</u>